

Arka Team



Our team is well supported by a team of Endocrinologists, Diabetologists, Cardiologists, Nephrologists, Dentists, Eye Specialists, Psychologists, Dietician and Life style counsellors.

We as a Team, value first the quality of care patients receive and their right to participate with their physician in treatment decisions. We treat our patients with compassion, dignity and respect.

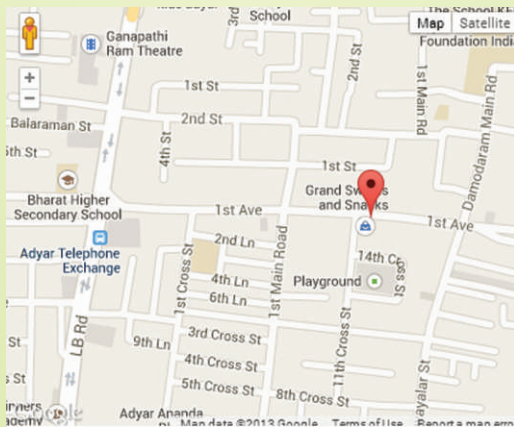
Location

The Center is located in

5/2, 1st Avenue, Sastri Nagar, Adyar, Chennai - 600 020.

Free drive-up parking is available in front of the building.

Landmarks: Near Adyar BSNL telephone exchange.
Next to Sastri Nagar Grand sweets.



HOW TO GET AN APPOINTMENT?

Please call 044 - 24900050 during office hours or call into our reception to book a convenient appointment.

Opening Hours of the center: 7 am to 9 pm

Arka Center for Hormonal Health Pvt Ltd

5/2, 1st Avenue, Sastri Nagar, Adyar,
Chennai - 600 020.
Tamilnadu, India

Phone: 044 24900050/51 Helpline: 90431 62629

e-mail: arkahospital@gmail.com

website: arkahospital.org



Arka

Center for Hormonal Health Pvt Ltd

ISO 9001-2008 Certified



5/2, First Avenue, Sastri Nagar, Adyar
Chennai - 600 020.

Arka Center for Hormonal Health is a specialty center for Thyroid, Diabetes and all hormonal disorders. The purpose built center is located at 5/2, 1st Avenue, Sastri Nagar, Adyar, Chennai - 600 020.

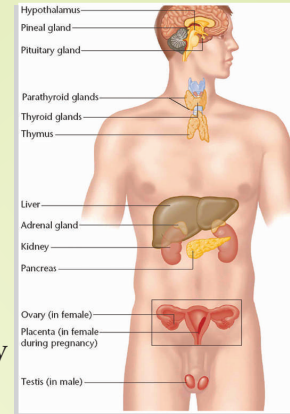
Arka Center serves as a referral center for Chennai and parts of South India for adult and pediatric endocrinology.

The center is the brainchild of **Dr. Muthu Kumaran Jayapaul** who is a Consultant Endocrinologist trained in the United Kingdom and has returned back to Chennai with a vision to bring international expertise and experience home. He has completed accredited specialist training in the United Kingdom in Endocrinology, Diabetes and Internal Medicine recognized by the European Union. His other credentials include a full-time research degree MD (UK) in Diabetes and Genetics.



Common Conditions

- Thyroid disorders
- Diabetes - Management, Prevention and Treatment
- Obesity
- Pituitary abnormalities
- Short stature
- Parathyroid disorders
- Calcium disorders
- Adrenal diseases
- Growth hormone deficiency (Adolescents and Adults)
- Infertility/Polycystic ovaries
- Metabolic bone disease and Osteoporosis
- Hypertension, Dyslipidemia, Ischaemic heart disease
- Hormone replacement therapy - Men and women
- Hypoglycemia
- Male sexual dysfunction
- Puberty/Menopause disorders



Facilities at the Center

- Endocrinologist/Diabetologist/Cardiologist/ Psychologist/Pulmonologist/Ophthalmologist/ Dermatologist
- State of art fully automated lab - with immediate results.
- Weight Mangement Programme
- Master Health/ Executive/ Hormonal Health Check-ups
- Dynamic Hormone Testing
- Day Care facilities



- Diabetes Eye & Dental Care
- Diabetic Foot Clinic (Foot Surgery/ Doppler & Biothesiometry)
- Dietician/ Nutritionist/ Life style advice counsellors
- ECG/ECHO/Ultrasound scan
- Pharmacy

Outpatient Procedures

- Dynamic hormone tests - These are specialized tests organized by our team to test the response of the body to hormonal stimulation or suppression. Commonly, blood samples are taken at timed intervals to check the response of the body to specific hormones. These results are then used by our expert doctors to assess the patient's clinical condition.
- Fine needle aspiration of the thyroid and Ultrasound of the Thyroid can be done at the Center.
- Doppler assessment and biothesiometry can be done to assess Peripheral vascular disease and Neuropathy in diabetic subjects.
- Depot injections are given for conditions like Precocious puberty, Osteoporosis and Testosterone replacement.

Common Dynamic Tests done at the center

- Short Synacthen test
- Oral Glucose Tolerance test and Extended GTT
- Glucose suppressed Growth Hormone
- Low dose Dexamethasone suppression test
- Clonidine stimulation test
- GnRH stimulation test
- Water deprivation test

What Diseases We Treat?

We at Arka treat diseases affecting the metabolism of the whole human body. These include conditions disrupting the normal function of the thyroid, parathyroids, pituitary, adrenal, hypothalamus, ovaries, testes, and the endocrine pancreas.

Each of these glands secretes hormones that have effects on the way the body appears, acts and maintains itself. Endocrine diseases are due to hormonal over or under-function or tumors.